

The Livnot Journey #238

Schedule from A Livnot Journey, September 2009 - January 2010

First Week, Theme: *Intro*

	Morning	Lunch/Siesta	Afternoon	Evening
Tue, Sep.1			Meet at 16:00 in Tzfat Opening Circle Orientation Campus Orientation	19:00 Dinner
Wed, Sep.2	7:00 Breakfast/News Community Service Orientation	12:00 Free time Treasure Hunt	16:30 Kitchen Orientation & Kashrut class. 18:30 dinner preps	19:00 Dinner 20:00 Discussion Group: My Judaism
Thu, Sep.3	7:00 Breakfast/News 7:30 Hike: Jilabun (Golan Heights)	Hike – picnic	Class: Shabbat	Free Dinner 19:30 Shabbat Prep.
Fri, Sep.4	7:00 Breakfast 7:45 Shabbat Orientation 8:30 Braiding Challah 9:00 Campus Nikayon	10:30 Tzfat Tour 12:30 Free Lunch	Free time 17:45 Final Shabbat Prep. 18:30 Candle lighting Kabbalat Shabbat	Seudah Oneg After party
Sat, Sep.5	Sleep-in!	Family Lunch	Free time 17:45 Third meal	Free evening

Second Week, Theme: *Ben Adam L'Chavero*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun Sep.6	Breakfast/News Community Service or Toranut/Study Day	12:30 Lunch-pack up	12:30 Hike: Upper Zavitan (Golan Heights)	Free Dinner 20:00 Movie & Discussion
Mon Sep.7	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Meet Artist 17:00 Library Orientation 17:45 Chavruta	19:00 Dinner Ulpan
Tue Sep.8	7:00 Breakfast/News 8:00 All-Day Hike	Picnic lunch	All-Day Hike & Kinneret Swim	Free time
Wed, Sep.9	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Class	19:00 Dinner Erev Bet Midrash
Thu, Sep.10	7:00 Breakfast/News Campus Nikayon Tie In Session	Free Weekend		
Fri				
Sat				

Third Week, Theme: *The Jewish Calendar*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Sep.13		Back at Campus at 13:00 for lunch	14:00 Laundry & clean up 16:00 Class 18:00 Toranut	19:00 Dinner 20:00 Kabbalah Chevruta
Mon, Sep.14	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Class	19:00 Dinner Ulpan
Tue, Sep.15	7:00 Breakfast/News All-Day Hike	Picnic lunch	All-Day Hike	Free Evening
Wed, Sep.16	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Class	19:00 Dinner Erev Bet Midrash
Thu, Sep.17	7:00 Breakfast/News Hike: Nachal El-Al (Golan Heights)	Picnic lunch	Holiday Prep	Free Dinner 3:00 am Tzfat Slichot tour
Fri, Sep.18	Sleep in! 10:30 Campus Nikayon	Free time		Dinner at families
Sat, Sep.19	Sleep in!	14:00 Lunch	Seudah Shlishit Q&A: Rosh Hashanah	Dinner at families

Fourth Week, Theme: *Introspection & Personal Growth*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Sep.20	Optional Bet Knesset	14:00 Lunch- BBQ	Optional Bet Midrash	Havdalah Free Dinner
Mon, Sep.21	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Class	19:00 Dinner Ulpan
Tue, Sep.22	7:00 Breakfast/News 8:00 All-Day Hike Nachal Yehudiya (Golan Heights)	Picnic lunch	All-Day Hike	Free Dinner 20:00 Movie & Discussion
Wed, Sep.23	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Class	19:00 Dinner 20:00 Night Hike: Biriya-Navuria Yom Kippur Workshop
Thu, Sep.24	7:00 Breakfast/News 8:00 Community Service 11:30 Campus Nikayon	Lunch & Tie In Session	Leave for Free Weekend	
Fri, Sat				

Fifth Week, Theme: *Sukkot*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Sep.27		Back at Campus at 13:00 for lunch	13:30 Yom Kippur Orientation 15:00 Seudah Mafseket: (Pre-fast Meal)	16:30 (?) Kol Nidray
Mon, Sep.28	Optional Bet Knesset 11:00 Discussion Group			Free time
Tue, Sep.29	7:00 Breakfast/News 8:00 Hike: Gamla (Golan Heights)	Free Lunch in Katzrin	16:30 Class	19:00 Dinner Sukkah Building & Decorating
Wed, Sep.30	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Bet Midrash	19:00 Dinner Sukkah Building & Decorating
Thu, Oct.1	7:00 Breakfast/News Hike	picnic	16:30 class	Free Dinner Shabbat & Sukkot Prep.
Fri, Oct.2	7:00 Breakfast Campus Nikayon Sukkah Building & Decorating	Free time	Meet for last preps.	Dinner in the Sukkah
Sat,	Sleep in!	Family Lunch	Seudah Shlishit	Free Evening

Sixth Week, Theme: *Eretz Yisrael*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Oct.4	Optional Bet-Knesset Breakfast Sukkah hopping	Free	Sukkah hopping class	Dinner & class in the Sukkah Boys night in the Sukkah
Mon, Oct.5	Breakfast Hike - Ein Gev		Kinneret swim	Free time/ movie- Ushpizin Girls night in the Sukkah
Tue, Oct.6	Free time.... <i>A lot of things are going on in Israel- go explore!!!!</i>			
Wed, Oct.7				
Thu, Oct.8	Meeting at Modiin at 9:30 Tour in Neot Kedumim	Picnic Drive up to Tzfat	Shabbat & holiday Prep.	Learning into the night- "Hoshana- Rabba"
Fri, Oct.9	Optional Bet-Knesset Breakfast Winery visit Challah Braiding	Free time	Final Shabbat Prep. Candle lighting Kabbalat Shabbat	Seudah Oneg After party
Sat, Oct.10	Sleep in!	Family Lunch	Seudah Shlishit	Havdalah Free Evening

Seventh Week Theme: *Eretz Yisrael*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Oct.11	7:00 Breakfast/News All-day hike	picnic		Free dinner
Mon, Oct.12	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Class	19:00 Dinner Ulpan
Tue, Oct.13	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	Packing and cleaning	19:00 Dinner Packing and cleaning
Wed, Oct.14	7:00 Breakfast/News leaving for Kibbutz			
Thu				
Fri				
Sat				

Kibbutz Weekly Schedule October 14th - December 6th

	Morning	Lunch/Siesta	Afternoon	Evening
Sun	Breakfast Ulpan Hebrew Study	Lunch	Ulpan Hebrew Study	Dinner Discussion Group
Mon	Breakfast Work in fields	Lunch	Work in fields	Dinner Guest Speaker
Tue	Breakfast Ulpan Hebrew Study	Lunch	Ulpan Hebrew Study	Dinner Judaism & Ecology
Wed	Breakfast Work in Fields	Lunch	Work in Fields	Dinner Free
Thu	Breakfast Ulpan Hebrew Study	Lunch	Ulpan Hebrew Study	Dinner Study Night
Fri	Breakfast Work in Fields	Lunch	Free	Kabbalat Shabbat
Sat				

Fifteenth Week, Theme: 3 Day Hike

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Dec.6		12:00 Drive up to Campus From Kibbutz	14:00 arrive in Tsfat 16:00 class w Eli & Shira- Communication	19:00 Dinner
Mon, Dec.7	7:00 Breakfast/News Community Service Building Wall in Emek HaTechelet	Free Lunch	15:30 Packing for 3dh 17:30 Make Dinner	19:00 Dinner 20:45 Prep for hike with guide Going to sleep early
Tue, Dec.8	3 Day Hike Amud River		Hiking in Meron Mountain	Sleeping on Meron Mountain
Wed, Dec.9	Hike: Mt. Meron, Beit Jean village	Pekiin Druze Village	Maalot	Sleeping in Maalot
Thu, Dec.10	Hike: Kziv River		Achziv Beach - Mediterranean Sea	Return from 3 Day Hike
Fri, Dec.11	Breakfast 10:00 Challah Braiding 11:00 Jam Session with Alon	12:00 Free Lunch and buying things for families	15:00 Meet for last preps for Shabbat & Chanukah candle lighting	Seudah Oneg - After party
Sat, Dec.12	Sleep in!	Family Lunch	Seudah Shlishit	Havdalah & Candle lighting Free night

Sixteenth Week, Theme: Chanukah

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Dec.13	7:00 Breakfast/News Hike Yodfat (upper Galilee) Explore Hasmonean Caves	Picnic	17:15 Candle lighting	Open dinner 19:30 Class on Chanukah
Mon, Dec.14	7:00 Breakfast/News 9:00 Community Service / study day	Free Lunch	14:30 Purim class: Yehonatan 16:00 Makin costumes 18:00 Candle lighting & dinner	20:30 Purim Party
Tue, Dec.15	7:00 Breakfast/News 8:30 - 11:00 Olive picking	Picnic Lunch	Olive pressing 15:00 Chatzar Kinneret w chevruta Cemetery Kinneret	17:30 - 20:00 Free time Tiberias w/dinner Back to campus and candle lighting
Wed, Dec.16	7:00 Breakfast 9:00 CS Terracot	13:00 Picnic lunch at Biria and Amuka	17:15 Candle lighting Free time	Open dinner 19:00 Making latkes Watch 'Incredibles' & discussion
Thu	Optional staying on campus with Otzma or free weekend			
Fri				
Sat				

Seventeenth Week, Theme: *Jewish Family*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun				
Mon, Dec.21		back to Tzfat at 13:00 for lunch	16:30 class- Miriam Botzer: the Jewish women through the Bible	19:00 Dinner Ulpan/chevruta
Tue, Dec.22	7:00 Breakfast/News Hike Upper Galilee	picnic		open dinner
Wed, Dec.23	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 class w Alon Honoring Parents and seeing the good	19:00 Dinner 20:30 Bet Midrash: Tzniut - What does it mean to be modest ?
Thu, Dec.24	7:00 Breakfast/News Hike w MME-Choosing a spouse	picnic		Open Dinner Preps for Shabbat
Fri, Dec.25	7:00 Breakfast 8:15 Braiding challah 9:15 Class Death & Mourning 11:00 cleaning campus	Open lunch	Shabbat preparations Shabbat w Saving the Stones (guests) Kabbalat Shabbat	Dinner Oneg
Sat, Dec.26	Sleep in!	Lunch at Families	3rd meal	Havdalah Free evening

Eighteenth Week, Theme: *Jewish Family*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Dec.27	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	15:30 Class w Yeho 17:30 Activity w Shira	19:00 dinner 20:00 Discussion & movie - Fiddler on the Roof
Mon, Dec.28	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	15:00 Class: Ideas of Water - purification and renewal	19:00 Dinner Ulpan or Chevruta
Tue, Dec.29	7:00 Breakfast/News 8:00 Hike	Picnic lunch	Intimacy Class: Building deep relationships	Open Dinner Optional class at Mordechai's place
Wed, Dec.30	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Building Family	19:00 Dinner 20:30 Bet Midrash
Thu, Dec.31	7:00 Breakfast/News 8:00 Community Service Clean Up campus before leaving	leave for free weekend		
Fri				
Sat				

Nineteenth Week, Theme: *Ben Adam L'makom- Between man & G-d*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Jan.3		Back on Campus by 13:00	Class w Rabbi Micha Peled 16:00	20:00 Dinner
Mon, Jan.4	7:00 Breakfast/News Hike w Aharon to Mevo Dotan			19:00 Dinner Drinks at Eli & Shoshi's and Discussion Group
Tue, Jan.5	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 Class	19:00 Dinner Ulpan / Chevruta
Wed, Jan.6	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 class	19:00 Dinner Bet Midrash- must a Jew Believe in G-d?
Thu, Jan.7	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:30 class	19:00 Dinner preps for Shabbat
Fri, Jan.8	7:00 Breakfast/News 8:30 Braiding Challah 9:30 Activity 11:00 Cleaning campus	Open Lunch	Meet for last preps for Shabbat Kabbalat Shabbat	Dinner Oneg
Sat Jan.9	Sleep In!	Lunch w Families	Tu B Shvat Seder	Havdalah Free night

Twentieth Week Theme: *Spirituality*

	Morning	Lunch/Siesta	Afternoon	Evening
Sun, Jan.10	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	16:00 Class -w Yehonatan	19:00 Dinner 20:30 with Shira
Mon, Jan.11	7:00 Breakfast/News 8:00 Community Service or Toranut/Study Day	Free Lunch/Siesta	packing for hike	19:00 Dinner 20:30 class w Mardachi
Tue, Jan.12	Breakfast Leave for Desert Hike Climb Mt Tzuria		Set up camp - Judean Plateau	Camp out under the stars
Wed, Jan.13	Down the Trail to the Arugot River	packed lunches	Drive north to Tzfat	Unpacking desert hike!
Thu, Jan.14	7:00 Breakfast/News Rest	open lunch	16:30 Evaluations	19:00 Dinner Shabbat preps
Fri, Jan.15	7:00 Breakfast/News 10:30 Jam Session-music & Spirituality w Alon Campus Cleaning	Free time	Meet for last preps. Kabalat Shabbat	Dinner Oneg
Sat, Jan.16	Sleep in!	Family Lunch	Seudah Shlishit	Closing circle

Description:

Breakfast/News: Almost every morning, participants will watch the English news from The Israel Broadcast Authority after breakfast.

Community Service: Volunteer with your hands (and the rest of your body, too). Some options: digging and rebuilding ancient Tzfat, cleaning and painting bomb shelters, working with the elderly, working with Jews from Ethiopia, painting public murals.

Cook/Study: Every day, a few people stay behind and cook lunch/dinner (by rotation). During this time, they have a 90-minute small-group learning session on the subject of their choice.

All-Day Hike: Just what it means (Get in shape, get some hiking boots, and get a backpack)!

Siesta: You'll find that you need this rest to have strength for the rest of the day and night; but you can always use this time for personal errands and to explore Tzfat.

Class: We'll have two classes of approximately an hour each, on various subjects, three times a week. These aren't just lectures; participants are encouraged to ask questions (questioning is not just encouraged, it's a way of life at Livnot!). Classes include ongoing subjects, like: Nature & Judaism \ History of Modern Israel \ Judaism, Relationships & Sexuality \ Great Jewish Stories \ Kabbalah 101 \ Middle East Current Events...

Personal Expression: Time set aside for your own personal creativity, either alone or in groups. This can include journaling, art/photography, music/movement, etc.

Kibbutz:

Ulpan/Hebrew Study: On alternate days, participants will be learning spoken Hebrew in an intense ulpan setting. You are encouraged to continue speaking Hebrew even after the class is over; the more you do this, the more you will learn.

Work/Agriculture: On alternate days, participants will be working in farming and agriculture run by the kibbutz. For instance, you can expect to get up before sunrise and pick grapes in the vineyard or dates in the orchard - during the harvest season. Depending on the sun and the heat, some days may begin (and end) early.

Discussion Groups: Approximately once a week, we will split up into small groups of 4-5 people and discuss a given topic relating to Judaism/Israel.

Special Speakers: Interesting local people with fascinating stories will come in on a regular basis and share their lives and thoughts.

Judaism/Ecology: Every week we will learn another aspect of this vast subject, which is becoming more and more popular throughout the Jewish world. We'll be studying ancient texts, reading modern essays, and sharing our own opinions in the classroom.

Study Night: One-on-One (Hebrew: chevruta) study. You and your partner are given a text which you may have never seen before. What does it mean? Do you agree or disagree? That's up to you...both of you. Speak your mind. Challenge your partner. Challenge yourself.

Livnot U'Lehibanot